

## NEWSLETTER

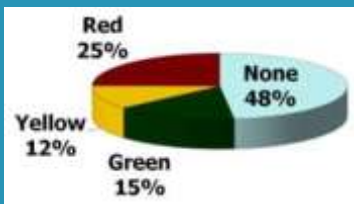
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### Ergonomics in Action:

We had over 130 of a 300-400 employee complete a discomfort survey. The results were worrisome:



Over half of employees were still experiencing discomfort and 1 in 4 workers was likely to seek medical treatment! The good news: The employer understood the challenge faced (who was likely to seek medical treatment and even for which body part) and they had real data on which to base decisions.



### DISCOMFORT SURVEYS – How can they help?!

The secret behind modern day Discomfort Surveys is a good one. Although infrequently cited, these surveys are often based on the research by Marley and Kumar.

As far back as 1994 Marley and Kumar's ground-breaking self-report musculoskeletal assessment tool was submitted to the Journal of Industrial Ergonomics. This research takes concerns reported by employees and converts it into practical information for decision making.

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*Key Point: By having employees rate the area of their discomfort along with the frequency of their discomfort, we can classify them into 3 zones of likelihood to seek treatment (OnTask real world translation: we have a tool to predict the likelihood that an employee may be missing work soon). The three zones are:*

1. "very likely to seek treatment" - Red Zone
2. "somewhat likely to seek treatment" - Yellow Zone
3. "not likely to seek treatment" - Green Zone

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We can show you how to get Discomfort Surveys working for you. It's easier than you might think.

### Contact Us

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